

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	133	Domen	Remco	Muizen	M1	SEN	AC Bonheiden	00:15:35	20.02	02:59
2	240	Decoster	Jelle	Boutersem	M2	SEN	DCLA	00:15:53	19.64	03:03
3	264	Helsen	Michel	Rillaar	M3	MAS+40		00:16:39	18.74	03:12
4	129	Dewil	Arne	Bonheiden	M4	SEN	BONH AC	00:17:12	18.14	03:18
5	146	Hellemans	Tibe	Bonheiden	M5	SCH	BONH	00:17:35	17.74	03:22
6	137	Geens	Stig	OLV-Waver	M6	CAD	Bonheiden AC	00:18:00	17.33	03:27
7	154	Lepage	Yannick	St-Kat-Waver	M7	SEN		00:18:12	17.14	03:30
8	257	Pavlis	Jiri	Ixelles	M8	MAS+40	Vyndany Chleby	00:18:22	16.99	03:31
9	233	De Samblanx	Florian	Herent	M9	SEN	ROBA	00:18:24	16.96	03:32
10	239	Decoster	Steven	Boutersem	M10	MAS+50		00:18:44	16.65	03:36
11	206	Van Nuffelen	Hannelore	Bonheiden	V1	SEN	BONH	00:18:50	16.57	03:37
12	122	De Laet	Kevin	Boortmeerbeek	M11	MAS+35		00:19:21	16.12	03:43
13	149	Huybrechts	Els	Hever	V2	MAS+35	Icarus	00:19:25	16.07	03:44
14	254	Hellemans	Bart	Bonheiden	M12	MAS+45	BONH	00:19:37	15.9	03:46
15	136	Geens	Flor	Berlaar	M13	CAD		00:19:40	15.86	03:46
16	111	Borremans	Bob	St-Kat-Waver	M14	SEN		00:19:41	15.85	03:47
17	248	Brants	Giel	Putte	M15	SEN	KCCM	00:19:53	15.69	03:49
18	251	Delen	Geert	Putte	M16	MAS+50	Dijlesleffers	00:20:01	15.59	03:50
19	237	Van De Sande	Luc	Muizen	M17	MAS+55	Dijlesleffers	00:20:05	15.54	03:51
20	230	Steurs	Anneleen	Mechelen	V3	MAS+35	RAM	00:20:07	15.51	03:52
21	253	Berckmans	Cedric	Muizen	M18	MAS+40	BONHAC	00:20:22	15.32	03:55
22	187	Torfs	Berten	Duffel	M19	SEN	Duffalo's	00:20:40	15.1	03:58
23	252	Driessens	Dries	Aartselaar	M20	MAS+45		00:20:44	15.05	03:59
24	236	Windelinckx	Charon	Wezemaal	V4	SEN	ROBA	00:20:55	14.92	04:01
25	266	Tops	Gerwin	Westerlo	M21	MAS+40		00:20:59	14.87	04:02
26	268	Barbé	Thibeau	Weerde	M22	JUN		00:21:18	14.65	04:05
27	261	De Preter	Stefan	Heist o/d Berg	M23	MAS+50		00:21:21	14.61	04:06
28	167	Roggen	Lode	Mechelen	M24	MAS+40	3CT	00:21:22	14.6	04:06
29	259	Claes	Jesse	Booischoot	M25	SEN	Fun2Run	00:21:37	14.43	04:09
30	265	Helsen	Liene	Rillaar	V5	CAD		00:21:49	14.3	04:11
31	183	Stynen	Bart	Putte	M26	MAS+45	BONH	00:22:00	14.18	04:13
32	227	De Gruyter	An	Mortsel	V6	MAS+40	Antwerp Athletics	00:22:03	14.15	04:14
33	168	Rooms	Alexander	St-Kat-Waver	M27	SEN		00:22:07	14.11	04:15
34	218	Verhaegen	Bart	St-Kat-Waver	M28	MAS+35		00:22:09	14.09	04:15
35	139	Geerts	Julie	Putte	V7	SEN	3CT	00:22:28	13.89	04:19
36	209	Van Wiele	Peter	OLV-Waver	M29	MAS+45	3CT	00:22:58	13.58	04:25
37	243	Vanheyste	Anke	Kessel Lo	V8	MAS+45	3CT	00:23:01	13.56	04:25
38	220	Vermost	Matthias	St-Kat-Waver	M30	MAS+40		00:23:16	13.41	04:28
39	211	Vanderhaegen	Joost		M31	MAS+45	RAM	00:23:21	13.36	04:29
40	262	Grauls	Renée	Putte	V9	MAS+40		00:23:24	13.33	04:30
41	246	Van Den Eede	Michael	Breendonk	M32	MAS+45		00:23:26	13.31	04:30
42	107	Berckmans	Camille		V10	MIN	BONH	00:23:27	13.3	04:30
43	238	Storms	Alex	Glabbeek	M33	MAS+60	AC Bonheiden	00:23:30	13.28	04:31
44	165	Peeters	Nicolas	St-Kat-Waver	M34	JUN		00:23:31	13.27	04:31
45	106	Baetens	Yoni	Berchem	M35	SEN		00:23:32	13.26	04:31
46	116	Buelens	Sander	Bonheiden	M36	SEN		00:23:33	13.25	04:31
47	173	Scheynen	Kenji	OLV-Waver	M37	MIN		00:23:34	13.24	04:31
48	131	Dewil	Mirte	Bonheiden	V11	JUN	BONH AC	00:23:35	13.23	04:32
49	184	Stynen	Tessa	Putte	V12	CAD	BONH	00:23:39	13.19	04:32
50	231	Verboven	Dennis	Bonheiden	M38	MAS+50	RAM	00:23:41	13.17	04:33

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51	130	Dewil	Maarten	Bonheiden	M39	MAS+50	BONH AC	00:23:52	13.07	04:35
52	188	Uytterhoeven	Koen	OLV-Waver	M40	MAS+50		00:24:08	12.93	04:38
53	249	Brants	Kobe	Putte	M41	SEN	Geshaalopers	00:24:12	12.89	04:39
54	114	Bruggemans	Marc	Schoten	M42	MAS+70	Team Roosenboom	00:24:19	12.83	04:40
55	263	Pellegroms	Peter	Lier	M43	MAS+45		00:24:23	12.8	04:41
56	147	Hendrickx	Erik	Elewijt	M44	MAS+45		00:24:27	12.76	04:42
57	201	Van Hoof	Jef	Berg	M45	MAS+40	Icarus Boortmeerbeek	00:24:34	12.7	04:43
58	250	Uytterhoeven	Thomas	OLV-Waver	M46	SEN		00:24:35	12.69	04:43
59	128	Denissen	Vincent	Reet	M47	SEN		00:24:46	12.6	04:45
60	203	Van Loo	Sofie	Bonheiden	V13	MAS+45	BONH	00:24:48	12.58	04:46
61	192	Van de Weyer	Ward	Booischot	M48	SEN	Fun2Run	00:24:53	12.54	04:47
62	174	Schoeters	Tom	Bonheiden	M49	MAS+40		00:24:55	12.52	04:47
63	180	Straetmans	Vic	Putte	M50	MIN		00:25:12	12.38	04:50
64	110	Boonrooy	Kenneth	Putte	M51	MAS+40		00:25:14	12.36	04:51
65	109	Boeckxstaens	Tijs	OLV-Waver	M52	SEN		00:25:20	12.32	04:52
66	117	Busschots	Lennert	Heist o/d Berg	M53	SEN	Zizo Interieur	00:25:21	12.31	04:52
67	232	Kusseneers	Luc	Rumst	M54	MAS+65	Berglopers	00:25:32	12.22	04:54
68	177	Sijmus	Willy	Keerbergen	M55	MAS+70		00:25:36	12.19	04:55
69	190	Van Damme	Lothar	Schriek	M56	SEN		00:25:51	12.07	04:58
70	229	Volders	Bart	Bonheiden	M57	MAS+50	BONH	00:25:54	12.05	04:58
71	159	Luyten	Nora	St-Kat-Waver	V14	MIN	ABES Edegem	00:25:58	12.02	04:59
72	270	Pauwels	Lies	Mechelen	V15	SEN		00:26:00	12	05:00
73	182	Stynen	Alex	Putte	M58	MIN	BONH	00:26:06	11.95	05:01
74	216	Venstermans	Chris	Mechelen	M59	MAS+60	RAM	00:26:14	11.89	05:02
75	151	Janssen	Luc	Bonheiden	M60	MAS+65	Bonheiden AC	00:26:16	11.88	05:03
76	234	Stroobants	Timothy	Putte	M61	MAS+35		00:26:25	11.81	05:04
77	198	Van Deun	Sarah		V16	MAS+35	BONH	00:26:42	11.69	05:08
78	213	Vandewouwer	Mats	Bonheiden	M62	CAD		00:26:43	11.68	05:08
79	193	Van den Abbeele	Eva	Bonheiden	V17	MAS+40		00:26:45	11.66	05:08
80	228	Murray	Quinn	Mechelen	M63	MIN	RAM	00:26:47	11.65	05:09
81	172	Schelkens	Chris	Dendermonde	M64	MAS+65	Walo	00:26:50	11.63	05:09
82	235	Van den Broeck	Joeri	Booischot	M65	MAS+35	Berglopers	00:26:52	11.61	05:10
83	245	Van Langendonck	Stijn	Bonheiden	M66	MAS+40		00:26:55	11.59	05:10
84	212	Vandewouwer	Jan	Bonheiden	M67	MAS+55		00:27:01	11.55	05:11
85	123	De Leener	Tamara	Mechelen	V18	MAS+50		00:27:03	11.53	05:12
86	144	Guldolf	Dries	Aarschot	M68	MAS+35	Sportiva Gelrode	00:27:08	11.5	05:13
87	126	De Winter	Mila	St-Kat-Waver	V19	PUP		00:27:11	11.48	05:13
88	269	De Bruyn	Pieter	Bonheiden	M69	SEN		00:27:14	11.46	05:14
89	148	Hunink	Cornelis	Rumst	M70	MAS+35	Zizo Interieur	00:27:30	11.35	05:17
90	258	Croughs	Dominique	St-Kat-Waver	M71	JUN		00:27:46	11.24	05:20
91	210	Vanden Bossche	Anita	Bonheiden	V20	MAS+55		00:27:53	11.19	05:21
92	115	Brughmans	Magda	St-Kat-Waver	V21	MAS+65		00:27:59	11.15	05:22
93	244	Van Langendonck	Sander	Bonheiden	M72	PUP		00:28:05	11.11	05:24
94	215	Vanelven	Kobe	St-Kat-Waver	M73	CAD		00:28:09	11.08	05:24
95	202	Van Hove	Bradley	Putte	M74	MIN		00:28:12	11.06	05:25
96	164	Peeters	Esmeralda	St-Kat-Waver	V22	MIN		00:28:25	10.98	05:27
97	135	Fleurackers	Cato	Schriek	V23	SEN	BONH	00:28:54	10.8	05:33
98	150	Huybrechts	Marjan	OLV-Waver	V24	MAS+40		00:29:03	10.74	05:35
99	222	Viaene	Wim	OLV-Waver	M75	MAS+45		00:29:13	10.68	05:37
100	255	Geerts	Frederik	Putte	M76	MAS+40	BP-Rock	00:29:34	10.55	05:41

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101	214	Vanelven	Ise	St-Kat-Waver	V25	MIN		00:29:39	10.52	05:42
102	140	Gerard	Léa	Overijse	V26	SEN		00:29:40	10.52	05:42
103	141	Goossens	Jack		M77	BEN		00:30:03	10.38	05:46
104	142	Goossens	Tom		M78	MAS+35		00:30:04	10.38	05:46
105	226	De Kunst	Bo	OLV-Waver	V27	SEN		00:30:07	10.36	05:47
106	217	Verachttert	Liesl	OLV-Waver	V28	SEN		00:30:13	10.33	05:48
107	247	Barrier	Valerie	Putte	V29	MAS+45	Samen Fit Putte	00:30:14	10.32	05:48
108	143	Goyvaerts	Elena	OLV-Waver	V30	SEN		00:30:16	10.31	05:49
109	166	Robyns	Senn	Kuringen	M79	SEN		00:30:17	10.3	05:49
110	242	Van Loo	Miranda	Beerzel	V31	MAS+45	Geshaalopers	00:30:36	10.2	05:53
111	205	Van Looy	Margaux	Mechelen	V32	JUN	VC Leest	00:30:45	10.15	05:54
112	118	Castro	Sjoukje	Lummen	V33	JUN		00:30:47	10.14	05:55
113	145	Hackenjos	Agnes	Willebroek	V34	MAS+45		00:30:53	10.1	05:56
114	157	Liekens	Kurt	Tisselt	M80	MAS+55		00:30:54	10.1	05:56
115	204	Van Looy	Geert	Putte	M81	MAS+60	Geshaalopers	00:31:09	10.02	05:59
116	121	De Caluwe	Sarah	St-Kat-Waver	V35	MAS+45		00:31:21	9.95	06:01
117	132	Docx	Lorenzo	Mechelen	M82	SEN		00:31:25	9.93	06:02
118	113	Broos	Dirk	OLV-Waver	M83	MAS+65		00:31:30	9.9	06:03
119	241	Kryshmaru	Viktor	Ekeren	M84	MAS+60		00:31:43	9.84	06:05
120	224	Berckmans	Arthur	OLV-Waver	M85	MIN		00:32:14	9.68	06:11
121	158	Luyten	Joris	St-Kat-Waver	M86	MAS+40		00:32:20	9.65	06:13
122	225	De Leebeeck	Véronique	OLV-Waver	V36	MAS+40		00:32:23	9.63	06:13
123	223	Zutterman	Linde	Ooigem	V37	SEN		00:32:48	9.51	06:18
124	152	Jaspers	Robinne	Niel	V38	SEN		00:32:51	9.5	06:19
125	169	Rooms	Jody	St-Kat-Waver	V39	JUN		00:33:01	9.45	06:20
126	197	Van der Zeypen	Tim	Putte	M87	MAS+35		00:33:06	9.43	06:21
127	108	Bertels	Veerle	St-Kat-Waver	V40	MAS+45		00:33:11	9.4	06:22
128	260	Tanghe	Els	Mechelen	V41	MAS+45	RAM	00:33:42	9.26	06:28
129	127	Dejaegere	Eileen	Mechelen	V42	MAS+45	RAM	00:33:43	9.25	06:29
130	181	Stroobants	Sofie	St-Kat-Waver	V43	MAS+35		00:33:53	9.21	06:30
131	120	Cosemans	Leonie	St-Kat-Waver	V44	MAS+35		00:33:54	9.2	06:31
132	156	Leys	Sofie	Putte	V45	MAS+35		00:33:59	9.18	06:32
133	125	De Vos	Ilse	OLV-Waver	V46	MAS+50		00:34:02	9.17	06:32
134	138	Geerts	Anke	St-Kat-Waver	V47	MAS+40		00:34:04	9.16	06:33
135	199	Van Genechten	Hannelore	Putte	V48	MAS+35	Zizo Interieur	00:34:37	9.01	06:39
136	256	Haentjens	Kris	Berchem	M88	MAS+70		00:34:40	9	06:40
137	162	Narinx	Ciel	Duffel	V49	SEN		00:34:45	8.98	06:40
138	267	Vanmeerbeek	Mil	Duffel	M89	SEN		00:34:47	8.97	06:41
139	221	Verschueren	Dylana	Putte	V50	MIN		00:34:50	8.96	06:41
140	638	Wuyts	Charlotte	OLV-Waver	V51	SEN		00:34:52	8.95	06:42
141	170	Rooms	Laura	St-Kat-Waver	V52	SEN		00:36:27	8.56	07:00
142	208	Van Velthoven	Lander	Duffel	M90	SEN		00:37:22	8.35	07:11
143	194	Van den Brande	Femke	Keerbergen	V53	MAS+35	Zizo Interieur	00:39:04	7.99	07:30
144	178	Slaghmeulen	Ann	OLV-Waver	V54	MAS+55		00:40:24	7.72	07:46
145	112	Bouquet	Isabelle	OLV-Waver	V55	MAS+65		00:40:26	7.72	07:46